




Chesnuts Menu 2009




  					
W E E K O N E					
	Monday	Tuesday	Wednesday	Thursday	Friday
M A I N	<i>Choice 1</i> Spaghetti Bolognese Spagetti Green Beans	<i>Choice 1</i> Sausages Mash Gravy	<i>Choice 1</i> Pasta & Green Pesto Baton Carrots Sweet Corn	<i>Choice 1</i> Lamb Shephards Pie Broccoli Baby Carrots	<i>Choice 1</i> Fish Gojons Spicy Jacket Wedges Baked Beans
	<i>Choice 2</i> Veg - As above	<i>Choice 2</i> Veg Sausages Mash	<i>Choice 2</i> As Above	<i>Choice 2</i> Shepherdess Pie Broccoli Baby carrots	<i>Choice 2</i> Veg Spring Rolls Spicy Jacket Wedges Baked Beans
C A R B O & V E G	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Bread Rolls Green Leaf Salad
	Coleslaw Tomato & Basil Salad Three Bean Salad	Coleslaw Tomato & Basil Salad Three Bean Salad	Coleslaw Tomato & Basil Salad Three Bean Salad	Coleslaw Tomato & Basil Salad Three Bean Salad	Coleslaw Tomato & Basil Salad Three Bean Salad
D E S S E R T	<i>Choice 1</i> Fruit Crumble & Custard	<i>Choice 1</i> Homemade Biscuit	<i>Choice 1</i> Water Melon	<i>Choice 1</i> Ice Cream	<i>Choice 1</i> Jelly & Fruit
	<i>Choice 2</i> Yoghurt	<i>Choice 2</i> Yoghurt	<i>Choice 2</i> Yoghurt	<i>Choice 2</i> Assorted Fruit	<i>Choice 2</i> Yoghurt
	<i>Choice 3</i> Pineapple	<i>Choice 3</i> Orange Slices	<i>Choice 3</i>	<i>Choice 3</i>	<i>Choice 3</i> Grapes

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* Seasonal Veg

* Freshly Prepared

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M A I N	<i>Choice 1</i>	Jacket Potatoes Cheese / Beans	Meat Lasagne Sweetcorn Minted Peas	Homemade Pizza choice of toppings chesse or chicken	Mince Bolognese Whole Green Beans Rice	Fishcakes Chips Baked Beans		
	<i>Choice 2</i>	As above	Vegetable Lasagne Sweetcorn Minted Peas	Veg as above	Veg as above	Spring Rolls New Potatoes Peas		
	<i>Choice 3</i>	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	
M E A L					Filling			
		Coleslaw Raita Cucumber & Tomoto	Coleslaw Raita Cucumber & Tomoto	Coleslaw Raita Cucumber & Tomoto	Coleslaw Raita Cucumber & Tomoto	Coleslaw Raita Cucumber & Tomoto	Coleslaw Raita Cucumber & Tomoto	
C A R B O & V E G	<i>Choice 1</i>	Honey Dew Melon	Yoghurt	Ice-cream in Wafers	Carrot Cake	Apricot Crumble & Custard		
	<i>Choice 2</i>	Yoghurt	Fruit Salad	Pineapple	Juice/Water	Yoghurt & Biscuit		
	<i>Choice 3</i>	Fruit Salad	Crackers & Cheese		Apple	Red Apple		

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eagle solutions					
W E E K T H R E E					
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M A I N	<i>Choice 1</i> Macaroni Cheese Sweetcorn Baton Carrots	<i>Choice 1</i> Barbeque Chicken Jalof Rice Broccoli	<i>Choice 1</i> Burger in a bun Chips	<i>Choice 1</i> Cheese Flan Cauliflower Garden Peas	<i>Choice 1</i> Chicken Gojons New potatoes Beans
	<i>Choice 2</i> As above	<i>Choice 2</i> Sweet Potato & Lentil Curry Jalof Rice Broccoli	<i>Choice 2</i> As above	<i>Choice 2</i> As above Cauliflower Garden Peas	<i>Choice 2</i> Veg Gojons Chips Beans
M E A L	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad	Organic Wholemeal Bread Green Leaf Salad
	Cucumber, Mint & Yoghurt Celeriac & Apple Salad Chunky Beetroot Salad	Cucumber, Mint & Yoghurt Celeriac & Apple Salad Chunky Beetroot Salad	Cucumber, Mint & Yoghurt Celeriac & Apple Salad Chunky Beetroot Salad	Cucumber, Mint & Yoghurt Celeriac & Apple Salad Chunky Beetroot Salad	Cucumber, Mint & Yoghurt Celeriac & Apple Salad Chunky Beetroot Salad
C A R B O & V E G	<i>Choice 1</i> Ice-cream & Mixed Fruit Salad	<i>Choice 1</i> Fruit Crumble & custard	<i>Choice 1</i> Rice Pudding & Jam	<i>Choice 1</i> Crackers & Cheese	<i>Choice 1</i> Milkshake
	<i>Choice 2</i> Yoghurt	<i>Choice 2</i> Yoghurt	<i>Choice 2</i> Yoghurt	<i>Choice 2</i> Smoothie	<i>Choice 2</i> Yogurt
	<i>Choice 3</i> Fresh Fruit	<i>Choice 3</i> Water Melon	<i>Choice 3</i> Fresh Fruit	<i>Choice 3</i> Fresh Fruit	<i>Choice 3</i> Pineapple

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