



Chestnuts Menu

Summer 2025



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pasta Bake WHEAT	Chicken Tikka Masala COCONUT MILK	Spaghetti Bolognese WHEAT	Chilli Con Carne	Baja Spiced Chicken Strips with Cheese MILK
Option 2	Pesto Pasta GLUTEN	Chana Masala Curry COCONUT MILK	Lentil Bolognese LENTIL	As above	Oaxaca Style Vegetables and Beans
Vegetables	Honey Roasted Carrots	Roasted Cauliflower	Green Beans	Broccoli	Fresh Mixed Peppers
Salad Bar	Mixed Italian Salad or Beetroot Salad	Mixed Salad and Coleslaw Rita EGG,MILK,MUSTARD	Mixed Salad, Spinach Salad with Pomegranate	Mixed Salad, Beetroot Salad	Sour Cream, Cheese, Mixed Salad, Coleslaw MILK, MUSTARD, EGG
Dessert	Fresh Fruits and Yoghurt MILK	Fresh Fruit and Jelly MILK	Yogurt and Fresh Fruits MILK	Carrot Cake EGG,MILK,WHEAT	Fresh Fruits and Yoghurt MILK
Others	Penne Pasta , Garlic Bread GLUTEN	Rice, Naan Bread WHEAT	Spaghetti WHEAT	Rice, Slice Bread WHEAT	Tortilla Wrap GLUTEN,





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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese WHEAT,,MILK	Peri Peri Chicken	Lentil and Sweet potato Curry LENTIL	Chicken Sausages GLUTEN,SULPHUR,DIOXIDE,	Fish and Chips WHEAT, FISH
Option 2	Pasta with Tomato Sauce WHEAT	Peri Peri Cauliflower Bites	Lentil Bolognese WHEAT	Vegetable Sausages GLUTEN,	Potato Cheese Balls with Vegetables CHEESE,GLUTEN
Vegetables	Green Beans	Sweetcorn with Garden Peas	Green Beans	Baby Carrots, Baked Beans	Garden Peas
Salad Bar	Mixed Salad,	Mixed Salad, Coleslaw MILK, EGG, MUSTARD	Mixed Salad ,Spinach Salad with Pomegranate	Mixed Salad, Beetroot Salad	Mixed Salad, Tartar Sauce, Ketchup, Coleslaw EGG, SULPHITES, MILK
Dessert	Fresh Fruit and Yoghurt MILK	Beetroot Chocolate Cake and Fresh Fruits WHEAT, MILK, EGG	Fresh Fruit and Yoghurt MILK	Biscuits OAT,MILK,WHEAT	Fresh Fruit and Yoghurt MILK
Others	Macaroni, Garlic Bread WHEAT	Jollof Rice or Plain Rice , Whole Meal Bread WHEAT, SOYA	Couscous, Slice Bread GLUTEN	Potatoes	Chips